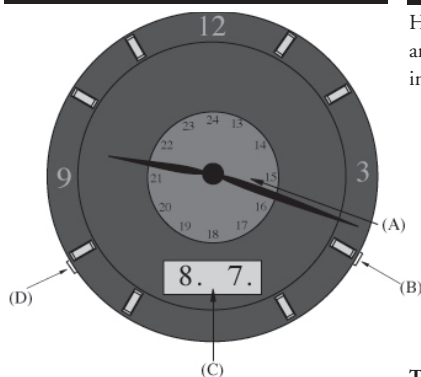


## WATCH DISPLAY



- A - 24 HOUR
- B - PUSH BUTTON
- C - DISPLAY
- D - RECESSED BUTTON

## TIMESSETTING - BEFORE USE SET YOUR TIME ZONE

Hours and minutes are shown via the analogue display. Date and second are shown in the digital display.

1. Briefly press the push-button (B) to change between the displays. The date appears in the format: day at the right and month at the left.
2. Press the push-button (B) briefly once again. The seconds are shown at the left, the "tower" symbol at the right.

### Time and date:

If the wristwatch is out of the range of the transmitter or the reception is disturbed, you can set the time manually. If the signals are received correctly, the "tower" symbol is shown and setting time and date manually is not possible.

1. Keep the push-button (B) and the recessed button (D) pushed simultaneously for longer than 3 seconds. This is how you change to the setting mode for time and date. The seconds flash in the display.
2. Press the push-button (B) briefly. The seconds are set to zero. Briefly push the recessed button (D); the minutes flash in the display. Press the push-button (B) to set the minutes. In every setting menu the display advances once step/value by pressing the push-button (B) briefly. Keep the push-button (B) pressed longer, and the display moves fast forward.
3. By pushing the recessed button (D) briefly you change the setting menu in the following order: > seconds > minutes > hours > year > month > day > the display of date without the possibility to adjust it > and again seconds, etc.

Carry out the desired settings. As soon as the radio signal from the transmitter can be received again, the watch adjusts automatically to the present time.

### Starting signal search manually:

Should the radio reception be disturbed, you can start the signal manually.

1. Press the push-button (B) for longer than 3 seconds. The hands move to the 12:00 position. Then the symbols "SET" and "12" flash alternately in the display. Should the hands not be positioned to exactly 12:00 o'clock, you have to adjust their position manually.
2. Put the watch on a steady surface for better reception. Before reception takes place, the hands automatically go back to the time after 15 seconds or after pushing the (B) button briefly. The watch now switches to reception. If reception is disturbed (for example by metallic objects or unshielded electric appliances), the watch starts automatically several times to receive time signals.

## ADJUSTING THE HANDS

If the time is displayed incorrectly without undisturbed radio reception, the hands may have to be adjusted by mechanical means.

1. Press the push-button for longer than 3 seconds. The hands move towards the 12:00 position.
- 2a. If the hands do not stop moving at 12:00, briefly push the recessed button (D) once. The large hand will advance in small steps. Push the recessed button (D) briefly several times to set the hands to exactly the 12:00 position.
- 2b. When the hands stop moving at the 12:00 position, quit this setting menu by pressing the push-button (B) briefly.
3. Press the recessed button (D) on the left to set your present time zone.  
(eg. E = Eastern Time, C = Central Time, etc.)

## IMPORTANT

The watch adjusts automatically to the internally stored time and attempts to receive radio signals. After successful radio reception the time will be set automatically.

### Setting the time zone:

When traveling to countries where the time deviates from Greenwich Mean Time or Daylight Saving Time, you can set the desired time zone manually. The setting is carried out in hour steps.

1. Push the recessed button (D) for longer than 3 seconds. The present hour is shown at the left of the display. At the right you can see the presently set time zone, possibly with a preceding negative sign.
2. Press the push-button (B) briefly. The time zone advances by one hour. The hands move towards the adjusted time and the display changes accordingly. With continued

brief pressing on the push-button (B), the time zone advances by one hour.

3. To end the setting, briefly push the recessed button (D) or wait for longer than 15 seconds without pushing one of the buttons. The watch switches over to normal display of date and time. The watch uses the F-1 U.S. Atomic Clock in Boulder, Colorado. Keep in mind the indications concerning the time difference (see table) change during the Daylight Saving Time.

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